

## **Professional Disclosure Form**

**Nicole Craig MA, LPC, CADC I (Private Practitioner at NW Creative Counseling)**

**8050 SE 13<sup>th</sup> Avenue Suite 206**

**Portland, OR 97202**

**503-444-9948**

**Philosophy and Approach:** I believe that everyone has strengths and abilities that we can access to help us reach our goals. Within a supportive environment we are often provided opportunities to grow and heal. My goal is to attend to each client's needs with a holistic view and provide a safe, confidential space in which to work. I believe in tailoring my approach to fit the needs of each client, and sessions can be a blend of several approaches. My work is influenced by psychodynamic theories, and I am trained in modalities that use acceptance and mindfulness including Acceptance and Commitment Therapy (ACT), Dialectical Behavioral Therapy (DBT), and Mindfulness-Based Stress Reduction (MBSR). I am trained in Eye Movement Desensitization Reprocessing (EMDR), and use this in my work as well. Creative techniques using art materials are available. My work is client-centered, strengths-based, and often solution focused. As a Licensed Professional Counselor (C4305) of the Oregon Board of Licensed Professional Counselors I will abide by its Code of Ethics.

**Credentials and Training:** My undergraduate training was at Warner Pacific College and I hold a Bachelor's Degree in Human Development. I have earned my certification in drug and alcohol counseling (CADC I). I earned a Master of Arts in Art Therapy Counseling from Marylhurst University. I continue to participate in peer supervision and professional consultation, and am active in ongoing training.

**Fees:** Sessions are \$150 per hourly session. I offer several sliding scale slots, so please inquire regarding availability if this is not manageable. I am paneled with some insurance providers and can bill them directly for you.

### **As a client of a Licensed Professional Counselor you have the following rights:**

- \*To expect that a licensee has met the minimal qualifications of training and experience required by state law
- \*To examine public records maintained by the Board and to have the Board confirm credentials of a licensee
- \*To obtain a copy of the Code of Ethics
- \*To report complaints to the Board
- \*To be informed of the cost of services before receiving services

\*To be assured of the privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:

- 1) Reporting suspected child abuse
- 2) Reporting imminent danger to client or others
- 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies
- 4) Providing information concerning licensee case consultation or supervision
- 5) Defending claims brought by client against licensee

\*To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Road SE, # 250, Salem, OR 97302-6312 Telephone 503-378-5499